



City of Leeds National Qualifier Meet 2024

John Charles Centre for Sport

012/04/2024

1NE240117

(Held Under ASA Laws & ASA Technical Rules)



EVENT 101 Female 12 Yrs/Over 1500m Freestyle

13 Yrs/Under Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts				
1.	Isabelle HALL	13	Co Leeds	18:01.12	617				
	50m 32.33	100m 1:08.40	150m 1:44.84	200m 2:21.10	250m 2:57.81	300m 3:34.67	350m 4:11.10	400m 4:47.66	
	32.33	36.07	36.44	36.26	36.71	36.86	36.43	36.56	
	450m 5:24.13	500m 6:00.61	550m 6:37.44	600m 7:13.93	650m 7:50.37	700m 8:27.28	750m 9:03.23	800m 9:39.90	
	36.47	36.48	36.83	36.49	36.44	36.91	35.95	36.67	
	850m 10:16.10	900m 10:52.54	950m 11:28.39	1000m 12:04.76	1050m 12:40.80	1100m 13:17.06	1150m 13:52.84	1200m 14:28.77	
	36.20	36.44	35.85	36.37	36.04	36.26	35.78	35.93	
	1250m 15:04.85	1300m 15:40.79	1350m 16:16.72	1400m 16:52.38	1450m 17:27.41	1500m 18:01.12			
	36.08	35.94	35.93	35.66	35.03	33.71			
2.	Vivien WILKINSON	13	Wirral Metro	18:42.41	551				
	50m 32.57	100m 1:08.84	150m 1:45.95	200m 2:23.42	250m 3:01.42	300m 3:39.03	350m 4:16.41	400m 4:53.71	
	32.57	36.27	37.11	37.47	38.00	37.61	37.38	37.30	
	450m 5:30.79	500m 6:08.11	550m 6:45.80	600m 7:23.51	650m 8:00.80	700m 8:38.25	750m 9:15.74	800m 9:53.71	
	37.08	37.32	37.69	37.71	37.29	37.45	37.49	37.97	
	850m 10:31.66	900m 11:08.89	950m 11:46.48	1000m 12:23.71	1050m 13:01.76	1100m 13:39.50	1150m 14:17.46	1200m 14:55.61	
	37.95	37.23	37.59	37.23	38.05	37.74	37.96	38.15	
	1250m 15:33.64	1300m 16:11.49	1350m 16:49.79	1400m 17:28.47	1450m 18:06.30	1500m 18:42.41			
	38.03	37.85	38.30	38.68	37.83	36.11			
3.	Elkie FOSTER	13	Co Leeds	18:54.51	534				
	50m 34.26	100m 1:11.01	150m 1:48.29	200m 2:26.14	250m 3:04.07	300m 3:42.46	350m 4:20.44	400m 4:58.70	
	34.26	36.75	37.28	37.85	37.93	38.39	37.98	38.26	
	450m 5:37.08	500m 6:15.04	550m 6:52.57	600m 7:30.96	650m 8:09.11	700m 8:47.61	750m 9:25.82	800m 10:04.06	
	38.38	37.96	37.53	38.39	38.15	38.50	38.21	38.24	
	850m 10:42.00	900m 11:20.22	950m 11:58.37	1000m 12:36.51	1050m 13:14.42	1100m 13:52.70	1150m 14:30.81	1200m 15:09.11	
	37.94	38.22	38.15	38.14	37.91	38.28	38.11	38.30	
	1250m 15:46.85	1300m 16:25.19	1350m 17:03.23	1400m 17:41.45	1450m 18:18.63	1500m 18:54.51			
	37.74	38.34	38.04	38.22	37.18	35.88			
4.	Harper ASPINALL	12	Wirral Metro	18:59.96	526				
	50m 34.06	100m 1:11.40	150m 1:48.87	200m 2:26.51	250m 3:04.67	300m 3:42.99	350m 4:21.57	400m 4:59.89	
	34.06	37.34	37.47	37.64	38.16	38.32	38.58	38.32	
	450m 5:38.34	500m 6:16.64	550m 6:54.75	600m 7:33.14	650m 8:11.39	700m 8:49.46	750m 9:27.32	800m 10:05.54	
	38.45	38.30	38.11	38.39	38.25	38.07	37.86	38.22	
	850m 10:43.85	900m 11:22.24	950m 12:00.35	1000m 12:38.79	1050m 13:16.85	1100m 13:55.07	1150m 14:33.67	1200m 15:12.07	
	38.31	38.39	38.11	38.44	38.06	38.22	38.60	38.40	
	1250m 15:50.52	1300m 16:29.02	1350m 17:07.08	1400m 17:45.37	1450m 18:23.36	1500m 18:59.96			
	38.45	38.50	38.06	38.29	37.99	36.60			
5.	MAZANA-BALL	13	Co Leeds	19:02.79	522				
	50m 33.37	100m 1:10.69	150m 1:49.06	200m 2:27.55	250m 3:06.07	300m 3:44.51	350m 4:22.96	400m 5:02.05	
	33.37	37.32	38.37	38.49	38.52	38.44	38.45	39.09	
	450m 5:40.48	500m 6:19.17	550m 6:57.94	600m 7:37.20	650m 8:15.61	700m 8:54.24	750m 9:32.79	800m 10:10.91	
	38.43	38.69	38.77	39.26	38.41	38.63	38.55	38.12	
	850m 10:49.58	900m 11:27.73	950m 12:06.40	1000m 12:44.88	1050m 13:23.72	1100m 14:01.99	1150m 14:40.19	1200m 15:18.87	
	38.67	38.15	38.67	38.48	38.84	38.27	38.20	38.68	
	1250m 15:57.32	1300m 16:35.20	1350m 17:13.28	1400m 17:51.11	1450m 18:27.93	1500m 19:02.79			
	38.45	37.88	38.08	37.83	36.82	34.86			
6.	Ava HALLIWELL	13	Wirral Metro	19:22.28	496				
	50m 33.92	100m 1:11.36	150m 1:49.44	200m 2:28.42	250m 3:06.77	300m 3:46.06	350m 4:24.75	400m 5:04.05	
	33.92	37.44	38.08	38.98	38.35	39.29	38.69	39.30	
	450m 5:42.89	500m 6:22.13	550m 7:00.92	600m 7:39.63	650m 8:18.53	700m 8:57.75	750m 9:36.95	800m 10:16.36	
	38.84	39.24	38.79	38.71	38.90	39.22	39.20	39.41	
	850m 10:55.55	900m 11:35.19	950m 12:14.28	1000m 12:53.79	1050m 13:32.84	1100m 14:12.18	1150m 14:51.37	1200m 15:30.51	
	39.19	39.64	39.09	39.51	39.05	39.34	39.19	39.14	
	1250m 16:09.70	1300m 16:48.76	1350m 17:27.51	1400m 18:06.10	1450m 18:44.57	1500m 19:22.28			
	39.19	39.06	38.75	38.59	38.47	37.71			
7.	Evie-Rose TOPPING	13	Co Leeds	19:55.34	456				
	50m 35.80	100m 1:15.64	150m 1:55.78	200m 2:36.40	250m 3:16.82	300m 3:57.46	350m 4:37.86	400m 5:18.33	
	35.80	39.84	40.14	40.62	40.42	40.64	40.40	40.47	
	450m 5:58.71	500m 6:39.09	550m 7:19.08	600m 7:59.34	650m 8:39.77	700m 9:19.60	750m 9:59.84	800m 10:39.72	
	40.38	40.38	39.99	40.26	40.43	39.83	40.24	39.88	
	850m 11:19.98	900m 12:00.17	950m 12:40.03	1000m 13:20.06	1050m 13:59.96	1100m 14:40.00	1150m 15:19.73	1200m 15:59.67	
	40.26	40.19	39.86	40.03	39.90	40.04	39.73	39.94	
	1250m 16:39.38	1300m 17:19.61	1350m 17:59.56	1400m 18:39.16	1450m 19:18.15	1500m 19:55.34			
	39.71	40.23	39.95	39.60	38.99	37.19			
8.	Emily ENGLAND-HALL	12	Co Leeds	20:04.95	445				
	50m 35.97	100m 1:15.04	150m 1:54.27	200m 2:33.94	250m 3:13.43	300m 3:53.35	350m 4:33.74	400m 5:14.38	
	35.97	39.07	39.23	39.67	39.49	39.92	40.39	40.64	
	450m 5:54.78	500m 6:35.72	550m 7:16.34	600m 7:57.25	650m 8:37.44	700m 9:18.16	750m 9:59.14	800m 10:40.00	
	40.40	40.94	40.62	40.91	40.19	40.72	40.98	40.86	
	850m 11:20.95	900m 12:02.21	950m 12:42.83	1000m 13:24.32	1050m 14:05.44	1100m 14:46.95	1150m 15:28.26	1200m 16:09.63	
	40.95	41.26	40.62	41.49	41.12	41.51	41.31	41.37	
	1250m 16:49.84	1300m 17:30.28	1350m 18:09.48	1400m 18:49.25	1450m 19:26.58	1500m 20:04.95			
	40.21	40.44	39.20	39.77	37.33	38.37			
9.	Freya COOPER	13	Donc Dantes	20:25.92	423				
	50m 34.48	100m 1:14.17	150m 1:54.10	200m 2:34.85	250m 3:15.51	300m 3:56.73	350m 4:37.95	400m 5:19.48	
	34.48	39.69	39.93	40.75	40.66	41.22	41.22	41.53	
	450m 6:00.62	500m 6:42.44	550m 7:24.12	600m 8:05.03	650m 8:46.18	700m 9:28.02	750m 10:09.35	800m 10:50.67	
	41.14	41.82	41.68	40.91	41.15	41.84	41.33	41.32	
	850m 11:31.83	900m 12:14.24	950m 12:55.57	1000m 13:37.89	1050m 14:18.77	1100m 15:00.18	1150m 15:41.13	1200m 16:22.82	
	41.16	42.41	41.33	42.32	40.88	41.41	40.95	41.69	
	1250m 17:03.69	1300m 17:45.57	1350m 18:26.68	1400m 19:08.02	1450m 19:48.10	1500m 20:25.92			
	40.87	41.88	41.11	41.34	40.08	37.82			
10.	Evie WEBSTER	12	Trafford Met	20:26.31	422				
	50m 36.18	100m 1:15.85	150m 1:56.75	200m 2:38.14	250m 3:20.00	300m 4:00.61	350m 4:42.09	400m 5:23.77	
	36.18	39.67	40.90	41.39	41.86	40.61	41.48	41.68	
	450m 6:05.65	500m 6:46.65	550m 7:27.64	600m 8:08.69	650m 8:50.64	700m 9:31.59	750m 10:13.15	800m 10:54.85	
	41.88	41.00	40.99	41.05	41.95	40.95	41.56	41.70	



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850m 11:36.46	900m 12:17.90	950m 12:58.67	1000m 13:39.91	1050m 14:20.84	1100m 15:02.32	1150m 15:43.22	1200m 16:24.74
41.61	41.44	40.77	41.24	40.93	41.48	40.90	41.52
1250m 17:05.55	1300m 17:46.85	1350m 18:28.32	1400m 19:09.32	1450m 19:48.49	1500m 20:26.31		
40.81	41.30	41.47	41.00	39.17	37.82		
11. Livia STACEY	12 Co Leeds		21:51.58	345			
50m 36.49	100m 1:16.59	150m 1:58.08	200m 2:40.91	250m 3:23.83	300m 4:07.26	350m 4:51.67	400m 5:35.34
36.49	40.10	41.49	42.83	42.92	43.43	44.41	43.67
450m 6:20.55	500m 7:04.79	550m 7:48.31	600m 8:32.62	650m 9:17.02	700m 10:01.55	750m 10:46.66	800m 11:31.27
45.21	44.24	43.52	44.31	44.40	44.53	45.11	44.61
850m 12:15.88	900m 13:00.91	950m 13:45.76	1000m 14:30.28	1050m 15:14.27	1100m 15:58.09	1150m 16:43.22	1200m 17:28.25
44.61	45.03	44.85	44.52	43.99	43.82	45.13	45.03
1250m 18:14.80	1300m 19:00.89	1350m 19:46.81	1400m 20:29.55	1450m 21:11.06	1500m 21:51.58		
46.55	46.09	45.92	42.74	41.51	40.52		
12. Sophie FOSTER	13 Louth		21:57.16	341			
50m 36.64	100m 1:19.07	150m 2:03.09	200m 2:46.11	250m 3:29.63	300m 4:13.63	350m 4:57.34	400m 5:41.83
36.64	42.43	44.02	43.02	43.52	44.00	43.71	44.49
450m 6:26.66	500m 7:11.60	550m 7:56.28	600m 8:41.76	650m 9:25.43	700m 10:10.05	750m 10:54.16	800m 11:38.31
44.83	44.94	44.68	45.48	43.67	44.62	44.11	44.15
850m 12:23.03	900m 13:08.41	950m 13:52.13	1000m 14:37.24	1050m 15:21.70	1100m 16:06.92	1150m 16:51.99	1200m 17:37.91
44.72	45.38	43.72	45.11	44.46	45.22	45.07	45.92
1250m 18:22.44	1300m 19:07.51	1350m 19:51.77	1400m 20:34.96	1450m 21:18.12	1500m 21:57.16		
44.53	45.07	44.26	43.19	43.16	39.04		

14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts				
1.	Molly NORTON	14	Co Leeds	18:00.47	618				
	50m 32.92	100m 1:08.58	150m 1:44.66	200m 2:20.61	250m 2:57.10	300m 3:34.05	350m 4:10.46	400m 4:46.68	
	32.92	35.66	36.08	35.95	36.49	36.95	36.41	36.22	
	450m 5:23.26	500m 5:59.75	550m 6:35.96	600m 7:12.36	650m 7:48.40	700m 8:24.80	750m 9:00.79	800m 9:36.91	
	36.58	36.49	36.21	36.40	36.04	36.40	35.99	36.12	
	850m 10:13.34	900m 10:48.97	950m 11:25.09	1000m 12:01.91	1050m 12:38.33	1100m 13:14.12	1150m 13:50.36	1200m 14:26.38	
	36.43	35.63	36.12	36.82	36.42	35.79	36.24	36.02	
	1250m 15:02.58	1300m 15:38.72	1350m 16:14.88	1400m 16:49.93	1450m 17:25.51	1500m 18:00.47			
	36.20	36.14	36.16	35.05	35.58	34.96			
2.	Mei YUASA	14	Co Leeds	18:19.22	587				
	50m 32.67	100m 1:08.56	150m 1:44.72	200m 2:20.45	250m 2:56.94	300m 3:33.50	350m 4:10.06	400m 4:46.16	
	32.67	35.89	36.16	35.73	36.49	36.56	36.56	36.10	
	450m 5:22.64	500m 5:59.25	550m 6:35.85	600m 7:12.33	650m 7:49.13	700m 8:26.02	750m 9:03.12	800m 9:40.26	
	36.48	36.61	36.60	36.48	36.80	36.89	37.10	37.14	
	850m 10:17.21	900m 10:54.28	950m 11:31.85	1000m 12:09.13	1050m 12:46.44	1100m 13:24.05	1150m 14:01.12	1200m 14:38.69	
	36.95	37.07	37.57	37.28	37.31	37.61	37.07	37.57	
	1250m 15:16.39	1300m 15:53.63	1350m 16:30.95	1400m 17:07.97	1450m 17:44.41	1500m 18:19.22			
	37.70	37.24	37.32	37.02	36.44	34.81			
3.	Lauren BERRY	14	Wirral Metro	18:45.27	547				
	50m 32.76	100m 1:09.30	150m 1:46.37	200m 2:23.39	250m 3:00.71	300m 3:37.57	350m 4:15.38	400m 4:52.27	
	32.76	36.54	37.07	37.02	37.32	36.86	37.81	36.89	
	450m 5:29.42	500m 6:06.17	550m 6:44.11	600m 7:20.29	650m 7:57.56	700m 8:35.67	750m 9:13.37	800m 9:50.72	
	37.15	36.75	37.94	36.18	37.27	38.11	37.70	37.35	
	850m 10:28.81	900m 11:06.17	950m 11:44.38	1000m 12:22.33	1050m 13:00.71	1100m 13:38.09	1150m 14:16.79	1200m 14:54.70	
	38.09	37.36	38.21	37.95	38.38	37.38	38.70	37.91	
	1250m 15:34.00	1300m 16:14.04	1350m 16:52.11	1400m 17:29.11	1450m 18:08.41	1500m 18:45.27			
	39.30	40.04	38.07	37.00	39.30	36.86			
4.	Jessica HUBERY	14	Donc Dartes	18:51.79	537				
	50m 32.01	100m 1:07.80	150m 1:44.71	200m 2:22.90	250m 2:59.87	300m 3:37.28	350m 4:15.44	400m 4:52.68	
	32.01	35.79	36.91	38.19	36.97	37.41	38.16	37.24	
	450m 5:30.27	500m 6:07.67	550m 6:45.49	600m 7:23.05	650m 8:00.80	700m 8:38.24	750m 9:15.80	800m 9:53.59	
	37.59	37.40	37.82	37.56	37.75	37.44	37.56	37.79	
	850m 10:32.12	900m 11:09.50	950m 11:48.33	1000m 12:27.17	1050m 13:05.79	1100m 13:45.13	1150m 14:24.36	1200m 15:03.11	
	38.53	37.38	38.83	38.84	38.62	39.34	39.23	38.75	
	1250m 15:41.99	1300m 16:20.83	1350m 16:59.16	1400m 17:37.85	1450m 18:15.87	1500m 18:51.79			
	38.88	38.84	38.33	38.69	38.02	35.92			
5.	Elizabeth ADAM	14	Leyland Barr	18:58.22	528				
	50m 32.59	100m 1:08.41	150m 1:45.14	200m 2:22.23	250m 2:59.81	300m 3:37.79	350m 4:15.98	400m 4:54.05	
	32.59	35.82	36.73	37.09	37.58	37.98	38.19	38.07	
	450m 5:32.81	500m 6:11.76	550m 6:50.20	600m 7:29.31	650m 8:08.24	700m 8:46.75	750m 9:25.46	800m 10:03.25	
	38.76	38.95	38.44	39.11	38.93	38.51	38.71	37.79	
	850m 10:42.04	900m 11:20.47	950m 11:59.07	1000m 12:37.68	1050m 13:16.15	1100m 13:54.78	1150m 14:33.61	1200m 15:12.41	
	38.79	38.43	38.60	38.61	38.47	38.63	38.83	38.80	
	1250m 15:50.74	1300m 16:29.46	1350m 17:06.21	1400m 17:44.95	1450m 18:22.27	1500m 18:58.22			
	38.33	38.72	36.75	38.74	37.32	35.95			
6.	Hermione COAKLEY-HINES	14	Wirral Metro	18:59.90	526				
	50m 33.10	100m 1:10.43	150m 1:48.03	200m 2:26.12	250m 3:03.93	300m 3:42.00	350m 4:19.66	400m 4:57.84	
	33.10	37.33	37.60	38.09	37.81	38.07	37.66	38.18	
	450m 5:35.91	500m 6:14.30	550m 6:52.05	600m 7:30.41	650m 8:08.44	700m 8:46.87	750m 9:24.84	800m 10:03.61	
	38.07	38.39	37.75	38.36	38.03	38.43	37.97	38.77	
	850m 10:41.37	900m 11:19.67	950m 11:57.38	1000m 12:35.94	1050m 13:14.01	1100m 13:52.48	1150m 14:30.70	1200m 15:09.52	
	37.76	38.30	37.71	38.56	38.07	38.47	38.22	38.82	
	1250m 15:47.83	1300m 16:26.77	1350m 17:05.00	1400m 17:44.03	1450m 18:21.78	1500m 18:59.90			
	38.31	38.94	38.23	39.03	37.75	38.12			
7.	Holly HARRISON	14	Co Leeds	19:08.52	514				
	50m 33.42	100m 1:10.26	150m 1:47.44	200m 2:25.36	250m 3:03.42	300m 3:41.78	350m 4:20.09	400m 4:59.10	
	33.42	36.84	37.18	37.92	38.06	38.36	38.31	39.01	
	450m 5:37.82	500m 6:16.89	550m 6:55.39	600m 7:34.33	650m 8:13.55	700m 8:52.58	750m 9:31.66	800m 10:10.50	
	38.72	39.07	38.50	38.94	39.22	39.03	39.08	38.84	
	850m 10:49.51	900m 11:28.46	950m 12:06.96	1000m 12:45.68	1050m 13:24.12	1100m 14:03.11	1150m 14:41.94	1200m 15:20.84	
	39.01	38.95	38.50	38.72	38.44	38.99	38.83	38.90	
	1250m 15:59.36	1300m 16:38.02	1350m 17:16.84	1400m 17:55.86	1450m 18:33.29	1500m 19:08.52			
	38.52	38.66	38.82	39.02	37.43	35.23			
8.	Pollyanna KERSHAW	14	Blackpool Aq	19:17.40	503				
	50m 33.06	100m 1:09.30	150m 1:46.68	200m 2:24.57	250m 3:02.30	300m 3:40.60	350m 4:19.43	400m 4:58.82	



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(Held Under ASA Laws & ASA Technical Rules)



	33.06	36.24	37.38	37.89	37.73	38.30	38.83	39.39
450m	5:38.36	500m 6:18.47	550m 6:58.34	600m 7:38.01	650m 8:18.19	700m 8:58.13	750m 9:37.25	800m 10:16.98
	39.54	40.11	39.87	39.67	40.18	39.94	39.12	39.73
850m	10:55.71	900m 11:34.88	950m 12:13.11	1000m 12:51.72	1050m 13:30.74	1100m 14:09.99	1150m 14:48.45	1200m 15:27.68
	38.73	39.17	38.23	38.61	39.02	39.25	38.46	39.23
1250m	16:06.01	1300m 16:44.50	1350m 17:22.95	1400m 18:01.45	1450m 18:40.08	1500m 19:17.40		
	38.33	38.49	38.45	38.50	38.63	37.32		
9. Mia TRAVIS-JONES		14 Co Leeds		19:36.47		478		
50m	33.65	100m 1:10.96	150m 1:48.82	200m 2:27.37	250m 3:05.06	300m 3:43.88	350m 4:22.86	400m 5:02.40
	33.65	37.31	37.86	38.55	37.69	38.82	38.98	39.54
450m	5:41.93	500m 6:21.46	550m 7:00.99	600m 7:40.41	650m 8:20.00	700m 8:59.41	750m 9:39.26	800m 10:19.08
	39.53	39.53	39.53	39.42	39.59	39.41	39.85	39.82
850m	11:00.06	900m 11:40.84	950m 12:21.37	1000m 13:02.42	1050m 13:43.34	1100m 14:24.02	1150m 15:04.82	1200m 15:44.86
	40.98	40.78	40.53	41.05	40.92	40.68	40.80	40.04
1250m	16:24.13	1300m 17:03.56	1350m 17:41.87	1400m 18:21.19	1450m 18:59.06	1500m 19:36.47		
	39.27	39.43	38.31	39.32	37.87	37.41		

15 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts			
1.	Isobel HITCHMOUGH	15	Co Liverpool	18:15.97	592			
	50m 32.86	100m 1:08.56	150m 1:44.53	200m 2:20.46	250m 2:56.86	300m 3:33.21	350m 4:09.85	400m 4:46.59
	32.86	35.70	35.97	35.93	36.40	36.35	36.64	36.74
	450m 5:23.35	500m 6:00.19	550m 6:36.72	600m 7:13.76	650m 7:50.88	700m 8:27.75	750m 9:04.78	800m 9:41.57
	36.76	36.84	36.53	37.04	37.12	36.87	37.03	36.79
	850m 10:18.49	900m 10:55.20	950m 11:32.28	1000m 12:09.25	1050m 12:46.04	1100m 13:22.84	1150m 13:59.97	1200m 14:37.03
	36.92	36.71	37.08	36.97	36.79	36.80	37.13	37.06
	1250m 15:14.10	1300m 15:51.43	1350m 16:28.41	1400m 17:04.99	1450m 17:41.44	1500m 18:15.97		
	37.07	37.33	36.98	36.58	36.45	34.53		
2.	Amelia GERRARD	15	Co Liverpool	18:26.84	575			
	50m 32.85	100m 1:08.73	150m 1:44.57	200m 2:21.20	250m 2:57.72	300m 3:34.72	350m 4:11.49	400m 4:48.34
	32.85	35.88	35.84	36.63	36.52	37.00	36.77	36.85
	450m 5:25.13	500m 6:01.98	550m 6:38.61	600m 7:15.94	650m 7:52.84	700m 8:30.41	750m 9:07.49	800m 9:44.85
	36.79	36.85	36.63	37.33	36.90	37.57	37.08	37.36
	850m 10:22.02	900m 10:59.46	950m 11:36.59	1000m 12:14.15	1050m 12:51.44	1100m 13:29.34	1150m 14:07.02	1200m 14:44.85
	37.17	37.44	37.13	37.56	37.29	37.90	37.68	37.83
	1250m 15:22.17	1300m 15:59.50	1350m 16:36.54	1400m 17:13.97	1450m 17:50.85	1500m 18:26.84		
	37.32	37.33	37.04	37.43	36.88	35.99		
3.	Isabel HANDLEY	15	Co Leeds	18:34.90	562			
	50m 33.86	100m 1:10.58	150m 1:47.34	200m 2:24.40	250m 3:01.39	300m 3:38.59	350m 4:15.86	400m 4:53.57
	33.86	36.72	36.76	37.06	36.99	37.20	37.27	37.71
	450m 5:30.91	500m 6:08.54	550m 6:45.55	600m 7:23.37	650m 8:00.67	700m 8:38.28	750m 9:15.60	800m 9:53.24
	37.34	37.63	37.01	37.82	37.30	37.61	37.32	37.64
	850m 10:31.00	900m 11:08.59	950m 11:45.63	1000m 12:23.83	1050m 13:00.78	1100m 13:38.25	1150m 14:15.37	1200m 14:52.54
	37.76	37.59	37.04	38.20	36.95	37.47	37.12	37.17
	1250m 15:30.16	1300m 16:07.38	1350m 16:44.31	1400m 17:21.76	1450m 17:58.42	1500m 18:34.90		
	37.62	37.22	36.93	37.45	36.66	36.48		
4.	Hannah FINNEY	15	Cosacss	18:50.13	540			
	50m 33.21	100m 1:09.42	150m 1:46.25	200m 2:23.58	250m 3:00.79	300m 3:38.43	350m 4:16.07	400m 4:54.17
	33.21	36.21	36.83	37.33	37.21	37.64	37.64	38.10
	450m 5:31.46	500m 6:09.17	550m 6:46.98	600m 7:24.80	650m 8:02.55	700m 8:40.47	750m 9:18.05	800m 9:56.80
	37.29	37.71	37.81	37.82	37.75	37.92	37.58	38.75
	850m 10:34.34	900m 11:12.82	950m 11:50.93	1000m 12:29.55	1050m 13:07.36	1100m 13:45.61	1150m 14:23.73	1200m 15:02.37
	37.54	38.48	38.11	38.62	37.81	38.25	38.12	38.64
	1250m 15:40.27	1300m 16:18.95	1350m 16:57.13	1400m 17:35.08	1450m 18:12.97	1500m 18:50.13		
	37.90	38.68	38.18	37.95	37.89	37.16		
5.	Kaelyn COWE	15	Corby	20:10.40	439			
	50m 34.74	100m 1:13.24	150m 1:53.25	200m 2:33.40	250m 3:13.53	300m 3:53.87	350m 4:34.31	400m 5:14.47
	34.74	38.50	40.01	40.15	40.13	40.34	40.44	40.16
	450m 5:54.95	500m 6:35.75	550m 7:16.30	600m 7:57.05	650m 8:38.22	700m 9:18.33	750m 9:59.72	800m 10:40.59
	40.48	40.80	40.55	40.75	41.17	40.11	41.39	40.87
	850m 11:21.15	900m 12:02.31	950m 12:43.22	1000m 13:24.10	1050m 14:04.95	1100m 14:45.56	1150m 15:26.31	1200m 16:07.86
	40.56	41.16	40.91	40.88	40.85	40.61	40.75	41.55
	1250m 16:49.32	1300m 17:30.10	1350m 18:10.29	1400m 18:52.23	1450m 19:31.86	1500m 20:10.40		
	41.46	40.78	40.19	41.94	39.63	38.54		
6.	Lexie HAMILTON	15	South Lincs	20:29.01	420			
	50m 37.05	100m 1:16.98	150m 1:57.70	200m 2:38.85	250m 3:19.99	300m 4:01.15	350m 4:42.43	400m 5:23.91
	37.05	39.93	40.72	41.15	41.14	41.16	41.28	41.48
	450m 6:04.78	500m 6:45.71	550m 7:26.95	600m 8:08.47	650m 8:50.18	700m 9:31.47	750m 10:12.83	800m 10:54.51
	40.87	40.93	41.24	41.52	41.71	41.29	41.36	41.68
	850m 11:36.04	900m 12:16.99	950m 12:58.27	1000m 13:39.59	1050m 14:20.79	1100m 15:02.36	1150m 15:43.66	1200m 16:24.84
	41.53	40.95	41.28	41.32	41.20	41.57	41.30	41.18
	1250m 17:06.26	1300m 17:46.96	1350m 18:28.26	1400m 19:09.22	1450m 19:49.68	1500m 20:29.01		
	41.42	40.70	41.30	40.96	40.46	39.33		
7.	Millie MCKEOWN	15	Wirral Metro	20:34.18	414			
	50m 33.43	100m 1:11.35	150m 1:51.49	200m 2:33.21	250m 3:13.95	300m 3:56.85	350m 4:36.53	400m 5:20.62
	33.43	37.92	40.14	41.72	40.74	42.90	39.68	44.09
	450m 6:02.64	500m 6:47.07	550m 7:27.45	600m 8:12.35	650m 8:52.30	700m 9:36.55	750m 10:18.02	800m 10:58.17
	42.02	44.43	40.38	44.90	39.95	44.25	41.47	40.15
	850m 11:37.58	900m 12:17.24	950m 12:56.53	1000m 13:39.51	1050m 14:21.64	1100m 15:04.59	1150m 15:47.40	1200m 16:30.53
	39.41	39.66	39.29	42.98	42.13	42.95	42.81	43.13
	1250m 17:09.58	1300m 17:51.74	1350m 18:34.31	1400m 19:17.19	1450m 19:58.11	1500m 20:34.18		
	39.05	42.16	42.57	42.88	40.92	36.07		
	Jessica EGGITT	15	Donc Dantes	DNC				



City of Leeds National Qualifier Meet 2024

John Charles Centre for Sport

012/04/2024

1NE240117

(Held Under ASA Laws & ASA Technical Rules)



16 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time	WA Pts			
1.	Lauren LILLEY	16	Co Leeds	17:41.28	652			
	50m 32.93	100m 1:08.30	150m 1:43.90	200m 2:19.20	250m 2:54.92	300m 3:30.71	350m 4:06.23	400m 4:41.53
	32.93	35.37	35.60	35.30	35.72	35.79	35.52	35.30
	450m 5:16.93	500m 5:52.38	550m 6:27.71	600m 7:03.34	650m 7:38.27	700m 8:13.63	750m 8:49.09	800m 9:24.64
	35.40	35.45	35.33	35.63	34.93	35.36	35.46	35.55
	850m 9:59.85	900m 10:35.42	950m 11:10.77	1000m 11:46.33	1050m 12:21.81	1100m 12:57.52	1150m 13:33.20	1200m 14:08.79
	35.21	35.57	35.35	35.56	35.48	35.71	35.68	35.59
	1250m 14:44.42	1300m 15:20.40	1350m 15:56.07	1400m 16:31.86	1450m 17:06.79	1500m 17:41.28		
	35.63	35.98	35.67	35.79	34.93	34.49		
2.	Matilda POTTER	16	Co Leeds	17:56.54	625			
	50m 32.96	100m 1:08.21	150m 1:43.49	200m 2:19.20	250m 2:54.89	300m 3:30.88	350m 4:06.89	400m 4:42.83
	32.96	35.25	35.28	35.71	35.69	35.99	36.01	35.94
	450m 5:18.67	500m 5:54.56	550m 6:30.32	600m 7:06.29	650m 7:42.45	700m 8:18.55	750m 8:54.68	800m 9:30.98
	35.84	35.89	35.76	35.97	36.16	36.10	36.13	36.30
	850m 10:07.62	900m 10:43.81	950m 11:20.29	1000m 11:56.73	1050m 12:33.11	1100m 13:09.76	1150m 13:46.15	1200m 14:22.62
	36.64	36.19	36.48	36.44	36.38	36.65	36.39	36.47
	1250m 14:58.83	1300m 15:35.23	1350m 16:11.25	1400m 16:47.43	1450m 17:22.66	1500m 17:56.54		
	36.21	36.40	36.02	36.18	35.23	33.88		
3.	Sedona REED	17	Co Leeds	18:15.27	593			
	50m 32.77	100m 1:08.43	150m 1:44.18	200m 2:20.22	250m 2:55.92	300m 3:31.93	350m 4:08.07	400m 4:44.30
	32.77	35.66	35.75	36.04	35.70	36.01	36.14	36.23
	450m 5:20.35	500m 5:56.58	550m 6:33.32	600m 7:09.72	650m 7:46.60	700m 8:23.60	750m 9:00.17	800m 9:37.03
	36.05	36.23	36.74	36.40	36.88	37.00	36.57	36.86
	850m 10:13.75	900m 10:50.48	950m 11:27.81	1000m 12:04.80	1050m 12:42.00	1100m 13:19.11	1150m 13:57.07	1200m 14:34.12
	36.72	36.73	37.33	36.99	37.20	37.11	37.96	37.05
	1250m 15:11.18	1300m 15:48.00	1350m 16:25.99	1400m 17:02.88	1450m 17:39.82	1500m 18:15.27		
	37.06	36.82	37.99	36.89	36.94	35.45		
4.	Emily FRENCH	16	Wirral Metro	18:31.10	568			
	50m 34.24	100m 1:10.66	150m 1:47.35	200m 2:24.20	250m 3:01.12	300m 3:38.18	350m 4:15.12	400m 4:51.96
	34.24	36.42	36.69	36.85	36.92	37.06	36.94	36.84
	450m 5:29.23	500m 6:06.29	550m 6:43.56	600m 7:20.70	650m 7:57.85	700m 8:35.24	750m 9:12.45	800m 9:49.89
	37.27	37.06	37.27	37.14	37.15	37.39	37.21	37.44
	850m 10:26.81	900m 11:03.95	950m 11:41.40	1000m 12:18.93	1050m 12:56.23	1100m 13:33.48	1150m 14:10.76	1200m 14:48.06
	36.92	37.14	37.45	37.53	37.30	37.25	37.28	37.30
	1250m 15:25.60	1300m 16:03.33	1350m 16:40.79	1400m 17:18.56	1450m 17:55.29	1500m 18:31.10		
	37.54	37.73	37.46	37.77	36.73	35.81		
5.	Lillie HAMILTON	16	South Lincs	18:39.32	556			
	50m 33.43	100m 1:09.45	150m 1:46.25	200m 2:23.25	250m 3:00.73	300m 3:38.05	350m 4:15.84	400m 4:53.33
	33.43	36.02	36.80	37.00	37.48	37.32	37.79	37.49
	450m 5:31.04	500m 6:08.33	550m 6:45.51	600m 7:22.74	650m 7:59.88	700m 8:37.36	750m 9:14.79	800m 9:52.31
	37.71	37.29	37.18	37.23	37.14	37.48	37.43	37.52
	850m 10:29.84	900m 11:07.53	950m 11:45.31	1000m 12:22.82	1050m 13:00.15	1100m 13:37.85	1150m 14:15.39	1200m 14:53.33
	37.53	37.69	37.78	37.51	37.33	37.70	37.54	37.94
	1250m 15:31.49	1300m 16:09.19	1350m 16:47.28	1400m 17:25.01	1450m 18:02.75	1500m 18:39.32		
	38.16	37.70	38.09	37.73	37.74	36.57		
6.	Evie MCWATT	16	KingstonHull	18:44.88	547			
	50m 33.27	100m 1:09.21	150m 1:46.01	200m 2:22.82	250m 2:59.62	300m 3:36.47	350m 4:13.47	400m 4:50.44
	33.27	35.94	36.80	36.81	36.80	36.85	37.00	36.97
	450m 5:27.48	500m 6:05.49	550m 6:42.72	600m 7:20.18	650m 7:57.99	700m 8:36.03	750m 9:13.53	800m 9:51.58
	37.04	38.01	37.23	37.46	37.81	38.04	37.50	38.05
	850m 10:29.53	900m 11:07.17	950m 11:45.38	1000m 12:23.42	1050m 13:01.89	1100m 13:40.34	1150m 14:18.21	1200m 14:56.87
	37.95	37.64	38.21	38.04	38.47	38.45	37.87	38.66
	1250m 15:35.35	1300m 16:13.89	1350m 16:52.09	1400m 17:30.34	1450m 18:08.17	1500m 18:44.88		
	38.48	38.54	38.20	38.25	37.83	36.71		
7.	Megan CHU	17	KingstonHull	18:47.55	544			
	50m 33.00	100m 1:09.49	150m 1:46.72	200m 2:23.45	250m 3:00.68	300m 3:37.81	350m 4:15.20	400m 4:52.53
	33.00	36.49	37.23	36.73	37.23	37.13	37.39	37.33
	450m 5:29.95	500m 6:07.28	550m 6:44.81	600m 7:22.14	650m 7:59.72	700m 8:37.28	750m 9:15.39	800m 9:53.15
	37.42	37.33	37.53	37.33	37.58	37.56	38.11	37.76
	850m 10:31.65	900m 11:09.49	950m 11:47.83	1000m 12:26.20	1050m 13:04.47	1100m 13:42.73	1150m 14:21.74	1200m 15:00.25
	38.50	37.84	38.34	38.37	38.27	38.26	39.01	38.51
	1250m 15:39.23	1300m 16:17.67	1350m 16:56.02	1400m 17:33.92	1450m 18:11.68	1500m 18:47.55		
	38.98	38.44	38.35	37.90	37.76	35.87		
8.	Isla YATES	17	York City	19:07.05	516			
	50m 33.25	100m 1:10.10	150m 1:48.20	200m 2:26.10	250m 3:04.26	300m 3:42.60	350m 4:20.74	400m 4:59.02
	33.25	36.85	38.10	37.90	38.16	38.34	38.14	38.28
	450m 5:37.08	500m 6:15.64	550m 6:53.46	600m 7:31.73	650m 8:09.82	700m 8:48.32	750m 9:26.23	800m 10:04.77
	38.06	38.56	37.82	38.27	38.09	38.50	37.91	38.54
	850m 10:43.45	900m 11:22.00	950m 12:00.98	1000m 12:39.86	1050m 13:18.52	1100m 13:57.39	1150m 14:36.20	1200m 15:15.69
	38.68	38.55	38.98	38.88	38.66	38.87	38.81	39.49
	1250m 15:54.32	1300m 16:33.96	1350m 17:12.23	1400m 17:51.59	1450m 18:30.21	1500m 19:07.05		
	38.63	39.64	38.27	39.36	38.62	36.84		
9.	Grace TAYLOR	17	Bolton Metro	19:11.87	510			
	50m 33.34	100m 1:10.99	150m 1:48.50	200m 2:27.38	250m 3:05.60	300m 3:44.31	350m 4:23.08	400m 5:01.81
	33.34	37.65	37.51	38.88	38.22	38.71	38.77	38.73
	450m 5:40.55	500m 6:19.84	550m 6:58.69	600m 7:37.51	650m 8:15.59	700m 8:54.26	750m 9:33.05	800m 10:12.15
	38.74	39.29	38.85	38.82	38.08	38.67	38.79	39.10
	850m 10:50.43	900m 11:29.05	950m 12:07.56	1000m 12:46.79	1050m 13:25.62	1100m 14:04.82	1150m 14:43.77	1200m 15:23.41
	38.28	38.62	38.51	39.23	38.83	39.20	38.95	39.64
	1250m 16:01.53	1300m 16:40.51	1350m 17:18.86	1400m 17:57.26	1450m 18:34.83	1500m 19:11.87		
	38.12	38.98	38.35	38.40	37.57	37.04		
10.	Francesca HALLAM-STOTT	17	Grantham	19:13.25	508			
	50m 32.81	100m 1:09.77	150m 1:47.24	200m 2:23.63	250m 3:00.83	300m 3:38.18	350m 4:15.65	400m 4:53.57
	32.81	36.96	37.47	36.39	37.20	37.35	37.47	37.92
	450m 5:31.03	500m 6:08.94	550m 6:46.00	600m 7:23.30	650m 8:01.71	700m 8:40.84	750m 9:19.62	800m 9:58.88
	37.46	37.91	37.06	37.30	38.41	39.13	38.78	39.26
	850m 10:37.88	900m 11:17.09	950m 11:56.59	1000m 12:36.25	1050m 13:16.11	1100m 13:56.12	1150m 14:36.01	1200m 15:15.99
	39.00	39.21	39.50	39.66	39.86	40.01	39.89	39.98
	1250m 15:55.76	1300m 16:36.23	1350m 17:15.83	1400m 17:55.14	1450m 18:34.25	1500m 19:13.25		





City of Leeds National Qualifier Meet 2024

John Charles Centre for Sport

012/04/2024

1NE240117

(Held Under ASA Laws & ASA Technical Rules)



EVENT 102 Open/Male 12 /Over 1500m Freestyle

13 Yrs/Under Age Group - Full Results

Place	Name	AaD	Club	Time	R.T.	WA Pts				
1.	William DUNN	13	Co Leeds	18:43.46	+ 0.78	466				
	50m 32.45	100m 1:07.92	150m 1:44.42	200m 2:21.44	250m 2:58.51	300m 3:35.91	350m 4:13.13	400m 4:50.27		
	32.45	35.47	36.50	37.02	37.07	37.40	37.22	37.14		
	450m 5:27.75	500m 6:06.23	550m 6:44.43	600m 7:22.33	650m 8:00.55	700m 8:38.34	750m 9:16.46	800m 9:54.13		
	37.48	38.48	38.20	37.90	38.22	37.79	38.12	37.67		
	850m 10:32.28	900m 11:10.44	950m 11:47.89	1000m 12:25.62	1050m 13:02.85	1100m 13:41.17	1150m 14:19.05	1200m 14:57.28		
	38.15	38.16	37.45	37.73	37.23	38.32	37.88	38.23		
	1250m 15:35.23	1300m 16:14.06	1350m 16:52.14	1400m 17:30.13	1450m 18:07.46	1500m 18:43.46				
	37.95	38.83	38.08	37.99	37.33	36.00				
2.	Noah DARNELL	13	Co Leeds	19:03.03	+ 0.76	442				
	50m 33.39	100m 1:10.53	150m 1:48.60	200m 2:26.79	250m 3:05.57	300m 3:44.97	350m 4:23.64	400m 5:01.10		
	33.39	37.14	38.07	38.19	38.78	39.40	38.67	37.46		
	450m 5:39.73	500m 6:17.33	550m 6:55.99	600m 7:34.80	650m 8:14.09	700m 8:52.26	750m 9:30.37	800m 10:08.28		
	38.63	37.60	38.66	38.81	39.29	38.17	38.11	37.91		
	850m 10:47.15	900m 11:25.58	950m 12:04.81	1000m 12:42.81	1050m 13:21.90	1100m 13:59.68	1150m 14:38.15	1200m 15:16.56		
	38.87	38.43	39.23	38.00	39.09	37.78	38.47	38.41		
	1250m 15:55.23	1300m 16:33.80	1350m 17:12.46	1400m 17:51.03	1450m 18:28.20	1500m 19:03.03				
	38.67	38.57	38.66	38.57	37.17	34.83				
3.	Oliver BARRETT	13	Co Leeds	19:05.12	+ 0.64	440				
	50m 34.45	100m 1:12.49	150m 1:51.09	200m 2:29.21	250m 3:07.69	300m 3:45.86	350m 4:24.21	400m 5:01.63		
	34.45	38.04	38.60	38.12	38.48	38.17	38.35	37.42		
	450m 5:40.13	500m 6:17.54	550m 6:56.52	600m 7:34.39	650m 8:13.77	700m 8:51.17	750m 9:30.09	800m 10:07.77		
	38.50	37.41	38.98	37.87	39.38	37.40	38.92	37.68		
	850m 10:47.15	900m 11:25.81	950m 12:04.38	1000m 12:42.50	1050m 13:21.30	1100m 13:59.53	1150m 14:38.27	1200m 15:16.72		
	39.38	38.66	38.57	38.12	38.80	38.23	38.74	38.45		
	1250m 15:55.86	1300m 16:34.17	1350m 17:12.93	1400m 17:51.24	1450m 18:29.08	1500m 19:05.12				
	39.14	38.31	38.76	38.31	37.84	36.04				
4.	Oscar O'DONNELL	12	Co Leeds	19:14.53	+ 0.67	429				
	50m 33.65	100m 1:11.17	150m 1:49.18	200m 2:27.15	250m 3:05.17	300m 3:43.60	350m 4:21.79	400m 5:00.29		
	33.65	37.52	38.01	37.97	38.02	38.43	38.19	38.50		
	450m 5:38.79	500m 6:17.44	550m 6:56.32	600m 7:35.00	650m 8:13.45	700m 8:53.00	750m 9:31.22	800m 10:10.22		
	38.50	38.65	38.88	38.68	38.45	39.55	38.22	39.00		
	850m 10:49.30	900m 11:28.44	950m 12:06.97	1000m 12:46.75	1050m 13:25.16	1100m 14:04.80	1150m 14:43.43	1200m 15:22.87		
	39.08	39.14	38.53	39.78	38.41	39.64	38.63	39.44		
	1250m 16:01.56	1300m 16:40.92	1350m 17:19.60	1400m 17:58.75	1450m 18:37.23	1500m 19:14.53				
	38.69	39.36	38.68	39.15	38.48	37.30				
5.	Jacob IRVING	13	Co Liverpool	19:17.76	+ 0.73	425				
	50m 33.37	100m 1:11.67	150m 1:49.53	200m 2:28.79	250m 3:07.25	300m 3:46.56	350m 4:24.90	400m 5:04.27		
	33.37	38.30	37.86	39.26	38.46	39.31	38.34	39.37		
	450m 5:42.83	500m 6:21.72	550m 7:00.09	600m 7:39.16	650m 8:17.41	700m 8:56.19	750m 9:34.81	800m 10:13.91		
	38.56	38.89	38.37	39.07	38.25	38.78	38.62	39.10		
	850m 10:52.76	900m 11:32.33	950m 12:10.75	1000m 12:49.92	1050m 13:28.66	1100m 14:07.72	1150m 14:46.29	1200m 15:25.57		
	38.85	39.57	38.42	39.17	38.74	39.06	38.57	39.28		
	1250m 16:04.57	1300m 16:43.54	1350m 17:22.81	1400m 18:02.17	1450m 18:40.46	1500m 19:17.76				
	39.00	38.97	39.27	39.36	38.29	37.30				
6.	Daniel TEW	13	York City	19:24.08	+ 0.58	418				
	50m 33.55	100m 1:11.55	150m 1:50.13	200m 2:29.28	250m 3:07.85	300m 3:47.28	350m 4:26.86	400m 5:06.37		
	33.55	38.00	38.58	39.15	38.57	39.43	39.58	39.51		
	450m 5:45.70	500m 6:25.20	550m 7:04.57	600m 7:44.44	650m 8:23.66	700m 9:03.18	750m 9:41.88	800m 10:21.85		
	39.33	39.50	39.37	39.87	39.22	39.52	38.70	39.97		
	850m 11:00.97	900m 11:40.64	950m 12:19.88	1000m 12:59.06	1050m 13:39.09	1100m 14:18.38	1150m 14:57.37	1200m 15:37.03		
	39.12	39.67	39.24	39.18	40.03	39.29	38.99	39.66		
	1250m 16:15.16	1300m 16:53.97	1350m 17:32.04	1400m 18:10.68	1450m 18:48.18	1500m 19:24.08				
	38.13	38.81	38.07	38.64	37.50	35.90				
7.	Jeffrey LANGE	13	Co Leeds	19:26.30	+ 0.77	416				
	50m 34.00	100m 1:12.26	150m 1:51.18	200m 2:30.41	250m 3:09.94	300m 3:49.35	350m 4:28.51	400m 5:08.36		
	34.00	38.26	38.92	39.23	39.53	39.41	39.16	39.85		
	450m 5:47.07	500m 6:25.84	550m 7:04.82	600m 7:43.88	650m 8:22.95	700m 9:00.74	750m 9:39.51	800m 10:18.61		
	38.71	38.77	38.98	39.06	39.07	37.79	38.77	39.10		
	850m 10:57.89	900m 11:37.36	950m 12:16.62	1000m 12:55.75	1050m 13:34.82	1100m 14:14.34	1150m 14:53.88	1200m 15:33.33		
	39.28	39.47	39.26	39.13	39.07	39.52	39.54	39.45		
	1250m 16:13.28	1300m 16:53.34	1350m 17:32.41	1400m 18:11.73	1450m 18:50.02	1500m 19:26.30				
	39.95	40.06	39.07	39.32	38.29	36.28				
8.	Lewis HALL	13	KingstonHull	19:26.97	+ 0.71	415				
	50m 33.75	100m 1:11.79	150m 1:49.98	200m 2:28.61	250m 3:07.38	300m 3:45.79	350m 4:24.71	400m 5:03.38		
	33.75	38.04	38.19	38.63	38.77	38.41	38.92	38.67		
	450m 5:42.36	500m 6:20.92	550m 7:00.02	600m 7:38.87	650m 8:17.99	700m 8:56.87	750m 9:36.43	800m 10:15.76		
	38.98	38.56	39.10	38.85	39.12	38.88	39.56	39.33		
	850m 10:54.85	900m 11:34.15	950m 12:13.30	1000m 12:52.80	1050m 13:32.01	1100m 14:11.47	1150m 14:51.09	1200m 15:30.67		
	39.09	39.30	39.15	39.50	39.21	39.46	39.62	39.58		
	1250m 16:10.47	1300m 16:49.97	1350m 17:29.91	1400m 18:09.34	1450m 18:48.72	1500m 19:26.97				
	39.80	39.50	39.94	39.43	39.38	38.25				
9.	Daniel FRENCH	13	Wirral Metro	19:34.50	+ 0.86	407				
	50m 34.82	100m 1:13.83	150m 1:52.82	200m 2:32.78	250m 3:11.73	300m 3:51.70	350m 4:31.29	400m 5:10.92		
	34.82	39.01	38.99	39.96	38.95	39.97	39.59	39.63		
	450m 5:51.18	500m 6:31.13	550m 7:09.41	600m 7:48.99	650m 8:27.67	700m 9:07.47	750m 9:46.42	800m 10:26.23		
	40.26	39.95	38.28	39.58	38.68	39.80	38.95	39.81		
	850m 11:05.60	900m 11:45.00	950m 12:24.67	1000m 13:04.27	1050m 13:43.45	1100m 14:22.89	1150m 15:01.45	1200m 15:41.21		
	39.37	39.40	39.67	39.60	39.18	39.44	38.56	39.76		
	1250m 16:20.26	1300m 17:00.08	1350m 17:39.28	1400m 18:18.40	1450m 18:57.28	1500m 19:34.50				
	39.05	39.82	39.20	39.12	38.88	37.22				
10.	Alfie CRAGGS	13	Co Leeds	19:37.95	+ 0.73	404				
	50m 35.65	100m 1:13.79	150m 1:53.31	200m 2:32.98	250m 3:13.13	300m 3:52.85	350m 4:32.49	400m 5:12.19		
	35.65	38.14	39.52	39.67	40.15	39.72	39.64	39.70		
	450m 5:51.98	500m 6:31.23	550m 7:10.77	600m 7:50.04	650m 8:29.81	700m 9:08.94	750m 9:48.61	800m 10:27.79		
	39.79	39.25	39.54	39.27	39.77	39.13	39.67	39.18		



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1NE240117

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850m 11:07.53	900m 11:46.80	950m 12:26.46	1000m 13:05.65	1050m 13:45.20	1100m 14:24.38	1150m 15:04.13	1200m 15:43.59
39.74	39.27	39.66	39.19	39.55	39.18	39.75	39.46
1250m 16:23.42	1300m 17:02.76	1350m 17:42.32	1400m 18:21.49	1450m 19:00.78	1500m 19:37.95		
39.83	39.34	39.56	39.17	39.29	37.17		
11. Casey COSTAIN	13 Wirral Metro	19:49.27	+ 0.84	392			
50m 35.00	100m 1:14.13	150m 1:53.30	200m 2:33.38	250m 3:12.81	300m 3:52.46	350m 4:31.90	400m 5:12.26
35.00	39.13	39.17	40.08	39.43	39.65	39.44	40.36
450m 5:51.58	500m 6:31.29	550m 7:10.85	600m 7:50.13	650m 8:29.82	700m 9:09.49	750m 9:49.09	800m 10:28.55
39.32	39.71	39.56	39.28	39.69	39.67	39.60	39.46
850m 11:08.25	900m 11:48.37	950m 12:28.49	1000m 13:09.08	1050m 13:49.26	1100m 14:30.55	1150m 15:10.08	1200m 15:51.37
39.70	40.12	40.12	40.59	40.18	41.29	39.53	41.29
1250m 16:31.05	1300m 17:11.16	1350m 17:51.26	1400m 18:31.21	1450m 19:11.05	1500m 19:49.27		
39.68	40.11	40.10	39.95	39.84	38.22		
12. Alexander EGGITT	13 Donc Dantes	20:48.25	+ 0.69	339			
50m 36.46	100m 1:17.22	150m 1:58.60	200m 2:39.34	250m 3:21.40	300m 4:02.81	350m 4:45.24	400m 5:27.69
36.46	40.76	41.38	40.74	42.06	41.41	42.43	42.45
450m 6:09.12	500m 6:50.62	550m 7:32.67	600m 8:14.91	650m 8:57.68	700m 9:39.83	750m 10:21.80	800m 11:03.65
41.43	41.50	42.05	42.24	42.77	42.15	41.97	41.85
850m 11:46.47	900m 12:27.63	950m 13:09.91	1000m 13:51.25	1050m 14:33.46	1100m 15:14.79	1150m 15:57.25	1200m 16:39.43
42.82	41.16	42.28	41.34	42.21	41.33	42.46	42.18
1250m 17:22.28	1300m 18:04.59	1350m 18:46.65	1400m 19:28.37	1450m 20:09.29	1500m 20:48.25		
42.85	42.31	42.06	41.72	40.92	38.96		

14 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	R.T.	WA Pts			
1.	Zac BAUGHAN-WITHINGTON	14	KingstonHull	17:17.76	+ 0.70	591			
	50m 30.70	100m 1:03.97	150m 1:38.09	200m 2:11.98	250m 2:46.46	300m 3:21.06	350m 3:56.30	400m 4:30.82	
	30.70	33.27	34.12	33.89	34.48	34.60	35.24	34.52	
	450m 5:05.78	500m 5:40.68	550m 6:15.31	600m 6:49.98	650m 7:24.89	700m 7:59.73	750m 8:34.54	800m 9:09.38	
	34.96	34.90	34.63	34.67	34.91	34.84	34.81	34.84	
	850m 9:44.16	900m 10:19.03	950m 10:53.94	1000m 11:28.91	1050m 12:04.02	1100m 12:38.89	1150m 13:13.57	1200m 13:48.64	
	34.78	34.87	34.91	34.97	35.11	34.87	34.68	35.07	
	1250m 14:23.79	1300m 14:58.74	1350m 15:33.47	1400m 16:08.32	1450m 16:43.72	1500m 17:17.76			
	35.15	34.95	34.73	34.85	35.40	34.04			
2.	William WILSON	14	Co Leeds	17:18.07	+ 0.63	590			
	50m 30.74	100m 1:04.43	150m 1:38.79	200m 2:13.71	250m 2:48.22	300m 3:22.98	350m 3:57.95	400m 4:32.77	
	30.74	33.69	34.36	34.92	34.51	34.76	34.97	34.82	
	450m 5:08.05	500m 5:42.54	550m 6:17.68	600m 6:52.54	650m 7:27.62	700m 8:02.43	750m 8:36.99	800m 9:11.71	
	35.28	34.49	35.14	34.86	35.08	34.81	34.56	34.72	
	850m 9:46.65	900m 10:21.51	950m 10:56.47	1000m 11:31.10	1050m 12:06.14	1100m 12:40.84	1150m 13:15.97	1200m 13:50.59	
	34.94	34.86	34.96	34.63	35.04	34.70	35.13	34.62	
	1250m 14:25.92	1300m 15:00.36	1350m 15:35.66	1400m 16:10.18	1450m 16:45.05	1500m 17:18.07			
	35.33	34.44	35.30	34.52	34.87	33.02			
3.	Patrick O'HARA	14	Co Leeds	17:48.78	+ 0.65	541			
	50m 30.57	100m 1:04.81	150m 1:39.77	200m 2:14.84	250m 2:50.26	300m 3:26.06	350m 4:01.02	400m 4:37.48	
	30.57	34.24	34.96	35.07	35.42	35.80	34.96	36.46	
	450m 5:13.96	500m 5:49.69	550m 6:25.99	600m 7:01.96	650m 7:38.35	700m 8:14.46	750m 8:50.87	800m 9:26.96	
	36.48	35.73	36.30	35.97	36.39	36.11	36.41	36.09	
	850m 10:03.32	900m 10:39.45	950m 11:15.99	1000m 11:51.85	1050m 12:28.00	1100m 13:04.20	1150m 13:40.97	1200m 14:16.75	
	36.36	36.13	36.54	35.86	36.15	36.20	36.77	35.78	
	1250m 14:52.95	1300m 15:29.35	1350m 16:05.50	1400m 16:41.36	1450m 17:16.92	1500m 17:48.78			
	36.20	36.40	36.15	35.86	35.56	31.86			
4.	Theo SWANN	14	Rotherham Mo	17:53.56	+ 0.85	534			
	50m 31.24	100m 1:05.53	150m 1:40.64	200m 2:16.38	250m 2:52.18	300m 3:27.93	350m 4:04.31	400m 4:40.55	
	31.24	34.29	35.11	35.74	35.80	35.75	36.38	36.24	
	450m 5:16.39	500m 5:52.65	550m 6:29.07	600m 7:05.56	650m 7:41.27	700m 8:17.52	750m 8:53.60	800m 9:30.27	
	35.84	36.26	36.42	36.49	35.71	36.25	36.08	36.67	
	850m 10:06.10	900m 10:42.01	950m 11:17.94	1000m 11:54.87	1050m 12:31.03	1100m 13:07.24	1150m 13:43.20	1200m 14:19.59	
	35.83	35.91	35.93	36.93	36.16	36.21	35.96	36.39	
	1250m 14:55.71	1300m 15:32.14	1350m 16:08.03	1400m 16:44.20	1450m 17:19.46	1500m 17:53.56			
	36.12	36.43	35.89	36.17	35.26	34.10			
5.	Connor MCCULLEN	14	Co Leeds	18:02.91	+ 0.64	520			
	50m 32.30	100m 1:08.65	150m 1:44.88	200m 2:21.81	250m 2:58.68	300m 3:35.21	350m 4:11.86	400m 4:48.28	
	32.30	36.35	36.23	36.93	36.87	36.53	36.65	36.42	
	450m 5:24.80	500m 6:01.45	550m 6:37.74	600m 7:14.19	650m 7:50.68	700m 8:26.99	750m 9:02.70	800m 9:38.79	
	36.52	36.65	36.29	36.45	36.49	36.31	35.71	36.09	
	850m 10:14.83	900m 10:51.24	950m 11:27.33	1000m 12:03.66	1050m 12:39.77	1100m 13:16.32	1150m 13:52.65	1200m 14:28.81	
	36.04	36.41	36.09	36.33	36.11	36.55	36.33	36.16	
	1250m 15:05.08	1300m 15:41.66	1350m 16:17.79	1400m 16:54.27	1450m 17:29.41	1500m 18:02.91			
	36.27	36.58	36.13	36.48	35.14	33.50			
6.	Owen CARMODY	14	Co Leeds	18:19.01	+ 0.74	497			
	50m 33.61	100m 1:09.84	150m 1:46.73	200m 2:23.53	250m 3:00.03	300m 3:36.55	350m 4:13.10	400m 4:49.86	
	33.61	36.23	36.89	36.80	36.50	36.52	36.55	36.76	
	450m 5:26.59	500m 6:03.28	550m 6:39.51	600m 7:16.11	650m 7:52.60	700m 8:29.28	750m 9:05.57	800m 9:42.14	
	36.73	36.69	36.23	36.60	36.49	36.68	36.29	36.57	
	850m 10:18.77	900m 10:55.73	950m 11:32.69	1000m 12:09.88	1050m 12:46.44	1100m 13:23.77	1150m 14:00.65	1200m 14:38.27	
	36.63	36.96	36.96	37.19	36.56	37.33	36.88	37.62	
	1250m 15:15.21	1300m 15:52.52	1350m 16:29.11	1400m 17:06.53	1450m 17:43.07	1500m 18:19.01			
	36.94	37.31	36.59	37.42	36.54	35.94			
7.	William KERSHAW	14	Blackpool Aq	18:26.93	+ 0.70	487			
	50m 32.58	100m 1:08.89	150m 1:46.11	200m 2:23.19	250m 3:00.58	300m 3:38.07	350m 4:15.65	400m 4:52.75	
	32.58	36.31	37.22	37.08	37.39	37.49	37.58	37.10	
	450m 5:30.18	500m 6:07.60	550m 6:44.61	600m 7:22.00	650m 7:59.36	700m 8:36.33	750m 9:13.55	800m 9:50.71	
	37.43	37.42	37.01	37.39	37.36	36.97	37.22	37.16	
	850m 10:27.92	900m 11:05.14	950m 11:42.63	1000m 12:19.72	1050m 12:56.92	1100m 13:33.79	1150m 14:10.87	1200m 14:47.76	
	37.21	37.22	37.49	37.09	37.20	36.87	37.08	36.89	
	1250m 15:24.84	1300m 16:01.74	1350m 16:38.70	1400m 17:15.93	1450m 17:52.29	1500m 18:26.93			
	37.08	36.90	36.96	37.23	36.36	34.64			
8.	Jacob O'DONNELL	14	Co Leeds	18:41.77	+ 0.71	468			
	50m 32.45	100m 1:08.99	150m 1:46.31	200m 2:23.99	250m 3:01.05	300m 3:38.54	350m 4:15.95	400m 4:54.22	



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32.45	36.54	37.32	37.68	37.06	37.49	37.41	38.27
450m 5:32.04	500m 6:09.31	550m 6:46.63	600m 7:24.72	650m 8:01.67	700m 8:39.18	750m 9:16.59	800m 9:54.36
37.82	37.27	37.32	38.09	36.95	37.51	37.41	37.77
850m 10:31.15	900m 11:09.10	950m 11:46.85	1000m 12:24.31	1050m 13:02.08	1100m 13:39.76	1150m 14:17.80	1200m 14:55.35
36.79	37.95	37.75	37.46	37.77	37.68	38.04	37.55
1250m 15:33.34	1300m 16:11.52	1350m 16:49.67	1400m 17:28.10	1450m 18:05.53	1500m 18:41.77		
37.99	38.18	38.15	38.43	37.43	36.24		
Hayden LAM	14 Co Leeds		DQ				

15 Yrs Age Group - Full Results

Place	Name	AaD	Club	Time	R.T.	WA	Pts
1.	Dylan MADICAN	15	Co Liverpool	17:07.06	+ 0.69	609	
	50m 29.32	100m 1:01.80	150m 1:34.94	200m 2:08.42	250m 2:42.54	300m 3:16.36	350m 3:50.62
	29.32	32.48	33.14	33.48	34.12	33.82	34.26
	450m 4:58.93	500m 5:33.15	550m 6:07.70	600m 6:42.09	650m 7:16.78	700m 7:51.22	750m 8:25.79
	34.26	34.22	34.55	34.39	34.69	34.44	34.57
	850m 9:34.91	900m 10:09.50	950m 10:44.12	1000m 11:18.81	1050m 11:53.68	1100m 12:28.39	1150m 13:03.33
	34.64	34.59	34.62	34.69	34.87	34.71	34.94
	1250m 14:13.42	1300m 14:48.33	1350m 15:23.54	1400m 15:58.63	1450m 16:33.59	1500m 17:07.06	
	35.25	34.91	35.21	35.09	34.96	33.47	
2.	Matthew SAWERS	15	Wigan BEST	17:20.01	+ 0.76	587	
	50m 30.03	100m 1:03.99	150m 1:38.15	200m 2:12.46	250m 2:47.15	300m 3:21.78	350m 3:56.76
	30.03	33.96	34.16	34.31	34.69	34.63	34.98
	450m 5:06.50	500m 5:41.12	550m 6:15.84	600m 6:50.73	650m 7:25.85	700m 8:00.67	750m 8:35.86
	34.88	34.62	34.72	34.89	35.12	34.82	35.19
	850m 9:45.85	900m 10:20.65	950m 10:55.91	1000m 11:30.92	1050m 12:06.22	1100m 12:41.06	1150m 13:16.18
	35.24	34.80	35.26	35.01	35.30	34.84	35.12
	1250m 14:26.04	1300m 15:00.96	1350m 15:36.19	1400m 16:11.25	1450m 16:46.10	1500m 17:20.01	
	34.94	34.92	35.23	35.06	34.85	33.91	
3.	Alexander TEW	15	York City	17:29.73	+ 0.77	571	
	50m 30.37	100m 1:04.65	150m 1:39.08	200m 2:13.63	250m 2:48.50	300m 3:23.64	350m 3:58.48
	30.37	34.28	34.43	34.55	34.87	35.14	34.84
	450m 5:09.60	500m 5:45.56	550m 6:20.48	600m 6:56.29	650m 7:31.09	700m 8:06.48	750m 8:41.16
	35.35	35.96	34.92	35.81	34.80	35.39	34.68
	850m 9:51.37	900m 10:26.88	950m 11:02.45	1000m 11:38.01	1050m 12:13.08	1100m 12:49.22	1150m 13:24.54
	34.92	35.51	35.57	35.56	35.07	36.14	35.32
	1250m 14:35.35	1300m 15:10.82	1350m 15:45.67	1400m 16:21.28	1450m 16:55.32	1500m 17:29.73	
	35.10	35.47	34.85	35.61	34.04	34.41	
4.	Arthur OWENS	15	Co Leeds	17:33.26	+ 0.74	565	
	50m 30.56	100m 1:04.54	150m 1:38.69	200m 2:13.44	250m 2:48.06	300m 3:23.35	350m 3:58.50
	30.56	33.98	34.15	34.75	34.62	35.29	35.15
	450m 5:09.04	500m 5:44.59	550m 6:19.86	600m 6:55.49	650m 7:30.89	700m 8:06.62	750m 8:42.33
	34.92	35.55	35.27	35.63	35.40	35.73	35.71
	850m 9:53.09	900m 10:28.60	950m 11:03.76	1000m 11:39.42	1050m 12:14.81	1100m 12:50.66	1150m 13:26.21
	35.06	35.51	35.16	35.66	35.39	35.85	35.55
	1250m 14:37.70	1300m 15:13.63	1350m 15:49.14	1400m 16:25.03	1450m 16:59.52	1500m 17:33.26	
	35.46	35.93	35.51	35.89	34.49	33.74	
5.	Samuel HILL	15	Co Leeds	17:40.48	+ 0.63	554	
	50m 30.44	100m 1:04.58	150m 1:39.65	200m 2:14.74	250m 2:50.13	300m 3:25.76	350m 4:01.35
	30.44	34.14	35.07	35.09	35.39	35.63	35.59
	450m 5:12.82	500m 5:48.39	550m 6:24.10	600m 6:59.63	650m 7:35.17	700m 8:10.47	750m 8:46.85
	36.13	35.57	35.71	35.53	35.54	35.30	36.38
	850m 9:58.58	900m 10:34.19	950m 11:10.20	1000m 11:45.96	1050m 12:21.34	1100m 12:56.75	1150m 13:32.40
	36.17	35.61	36.01	35.76	35.38	35.41	35.65
	1250m 14:44.35	1300m 15:19.63	1350m 15:56.31	1400m 16:31.69	1450m 17:06.37	1500m 17:40.48	
	36.30	35.28	36.68	35.38	34.68	34.11	
6.	William KITE	15	Louth	19:09.35	+ 0.67	435	
	50m 32.39	100m 1:09.24	150m 1:47.02	200m 2:25.64	250m 3:03.97	300m 3:42.54	350m 4:21.02
	32.39	36.85	37.78	38.62	38.33	38.57	38.48
	450m 5:37.75	500m 6:16.52	550m 6:54.81	600m 7:32.82	650m 8:11.06	700m 8:49.31	750m 9:27.49
	38.43	38.77	38.29	38.01	38.24	38.25	38.18
	850m 10:45.03	900m 11:24.14	950m 12:03.05	1000m 12:41.67	1050m 13:20.86	1100m 14:00.20	1150m 14:39.62
	38.70	39.11	38.91	38.62	39.19	39.34	39.42
	1250m 15:57.58	1300m 16:36.56	1350m 17:15.40	1400m 17:54.67	1450m 18:32.85	1500m 19:09.35	
	39.09	38.98	38.84	39.27	38.18	36.50	
7.	Benjamin GLAISTER	15	RichmondDale	19:13.73	+ 0.92	430	
	50m 33.40	100m 1:10.69	150m 1:47.91	200m 2:25.54	250m 3:03.25	300m 3:41.40	350m 4:19.59
	33.40	37.29	37.22	37.63	37.71	38.15	38.19
	450m 5:36.10	500m 6:14.67	550m 6:53.52	600m 7:32.81	650m 8:10.98	700m 8:49.54	750m 9:28.46
	37.97	38.57	38.85	39.29	38.17	38.56	38.92
	850m 10:45.94	900m 11:25.64	950m 12:04.58	1000m 12:43.76	1050m 13:23.16	1100m 14:02.86	1150m 14:42.16
	38.77	39.70	38.94	39.18	39.40	39.70	39.30
	1250m 16:00.73	1300m 16:40.20	1350m 17:20.49	1400m 17:59.34	1450m 18:37.96	1500m 19:13.73	
	39.27	39.47	40.29	38.85	38.62	35.77	
8.	William VERE	15	South Lincs	19:22.82	+ 0.95	420	
	50m 33.70	100m 1:11.79	150m 1:49.71	200m 2:29.01	250m 3:06.54	300m 3:45.95	350m 4:23.57
	33.70	38.09	37.92	39.30	37.53	39.41	37.62
	450m 5:40.84	500m 6:20.52	550m 6:58.96	600m 7:38.44	650m 8:17.10	700m 8:57.01	750m 9:35.89
	38.39	39.68	38.44	39.48	38.66	39.91	38.88
	850m 10:53.56	900m 11:32.97	950m 12:11.17	1000m 12:50.48	1050m 13:29.04	1100m 14:09.07	1150m 14:48.05
	37.81	39.41	38.20	39.31	38.56	40.03	38.98
	1250m 16:07.43	1300m 16:47.45	1350m 17:25.88	1400m 18:05.57	1450m 18:43.95	1500m 19:22.82	
	39.29	40.02	38.43	39.69	38.38	38.87	



City of Leeds National Qualifier Meet 2024

John Charles Centre for Sport

012/04/2024

1NE240117

(Held Under ASA Laws & ASA Technical Rules)



16 Yrs/Over Age Group - Full Results

Place	Name	AaD	Club	Time	R.T.	WA Pts
1.	Thomas EARDLEY	17	RichmondDale	16:55.25	+ 0.76	631
	50m 30.44	100m 1:03.17	150m 1:36.51	200m 2:10.07	250m 2:44.20	300m 3:18.14
	30.44	32.73	33.34	33.56	34.13	33.94
	450m 5:00.58	500m 5:34.56	550m 6:08.94	600m 6:42.88	650m 7:16.85	700m 7:51.03
	33.94	33.98	34.38	33.94	33.97	34.18
	850m 9:32.95	900m 10:06.98	950m 10:41.35	1000m 11:15.37	1050m 11:49.71	1100m 12:23.43
	34.03	34.03	34.37	34.02	34.34	33.72
	1250m 14:06.03	1300m 14:40.48	1350m 15:14.79	1400m 15:49.09	1450m 16:23.06	1500m 16:55.25
	34.24	34.45	34.31	34.30	33.97	32.19
2.	Jack PRITCHARD	17	Wigan BEST	17:00.65	+ 0.82	621
	50m 29.78	100m 1:02.85	150m 1:36.52	200m 2:10.83	250m 2:44.93	300m 3:18.93
	29.78	33.07	33.67	34.31	34.10	34.00
	450m 5:00.69	500m 5:35.00	550m 6:09.45	600m 6:44.09	650m 7:18.59	700m 7:53.26
	33.92	34.31	34.45	34.64	34.50	34.67
	850m 9:37.56	900m 10:12.20	950m 10:46.79	1000m 11:21.08	1050m 11:55.73	1100m 12:30.55
	34.86	34.64	34.59	34.29	34.65	34.82
	1250m 14:13.11	1300m 14:46.99	1350m 15:20.93	1400m 15:55.40	1450m 16:29.04	1500m 17:00.65
	34.11	33.88	33.94	34.47	33.64	31.61
3.	Patrick NEILL	16	Co Leeds	17:00.97	+ 0.71	620
	50m 29.90	100m 1:02.97	150m 1:36.21	200m 2:10.14	250m 2:43.99	300m 3:18.10
	29.90	33.07	33.24	33.93	33.85	34.11
	450m 4:59.80	500m 5:33.48	550m 6:07.25	600m 6:41.28	650m 7:15.21	700m 7:49.48
	33.87	33.68	33.77	34.03	33.93	34.27
	850m 9:32.01	900m 10:06.78	950m 10:41.08	1000m 11:16.03	1050m 11:49.83	1100m 12:24.75
	34.27	34.77	34.30	34.95	33.80	34.92
	1250m 14:09.41	1300m 14:44.79	1350m 15:19.53	1400m 15:54.95	1450m 16:28.58	1500m 17:00.97
	34.74	35.38	34.74	35.42	33.63	32.39
4.	Joseph HALL	16	Co Leeds	17:03.74	+ 0.69	615
	50m 30.34	100m 1:03.07	150m 1:36.54	200m 2:10.11	250m 2:43.62	300m 3:17.43
	30.34	32.73	33.47	33.57	33.51	33.81
	450m 4:59.00	500m 5:33.21	550m 6:07.29	600m 6:41.46	650m 7:15.52	700m 7:49.84
	34.07	34.21	34.08	34.17	34.06	34.32
	850m 9:32.35	900m 10:06.80	950m 10:41.19	1000m 11:15.46	1050m 11:49.84	1100m 12:24.23
	34.18	34.45	34.39	34.27	34.38	34.39
	1250m 14:09.25	1300m 14:44.47	1350m 15:19.65	1400m 15:55.00	1450m 16:29.96	1500m 17:03.74
	35.19	35.22	35.18	35.35	34.96	33.78
5.	Luke DYER	17	Co Leeds	17:30.96	+ 0.68	569
	50m 29.80	100m 1:02.54	150m 1:35.99	200m 2:09.93	250m 2:44.15	300m 3:18.61
	29.80	32.74	33.45	33.94	34.22	34.46
	450m 5:03.12	500m 5:38.66	550m 6:13.94	600m 6:49.35	650m 7:25.02	700m 8:00.69
	34.92	35.54	35.28	35.41	35.67	35.67
	850m 9:47.29	900m 10:22.90	950m 10:58.84	1000m 11:34.55	1050m 12:10.12	1100m 12:46.18
	35.61	35.61	35.94	35.71	35.57	36.06
	1250m 14:33.49	1300m 15:09.76	1350m 15:44.92	1400m 16:20.73	1450m 16:56.45	1500m 17:30.96
	35.80	36.27	35.16	35.81	35.72	34.51
6.	Aidan KEARNEY	16	Co Liverpool	17:31.16	+ 0.66	568
	50m 29.98	100m 1:03.51	150m 1:37.81	200m 2:12.58	250m 2:47.70	300m 3:22.73
	29.98	33.53	34.30	34.77	35.12	35.03
	450m 5:08.27	500m 5:43.81	550m 6:18.86	600m 6:54.22	650m 7:29.45	700m 8:04.98
	34.95	35.54	35.05	35.36	35.23	35.53
	850m 9:51.28	900m 10:26.81	950m 11:01.98	1000m 11:37.45	1050m 12:12.67	1100m 12:48.16
	35.48	35.53	35.17	35.47	35.22	35.49
	1250m 14:34.18	1300m 15:10.15	1350m 15:45.74	1400m 16:21.33	1450m 16:56.70	1500m 17:31.16
	35.16	35.97	35.59	35.59	35.37	34.46
7.	Sam WRIGHT	16	Tadcaster	17:48.50	+ 0.73	541
	50m 30.71	100m 1:04.94	150m 1:39.66	200m 2:15.46	250m 2:50.52	300m 3:26.12
	30.71	34.23	34.72	35.80	35.06	35.60
	450m 5:13.52	500m 5:49.40	550m 6:25.35	600m 7:01.31	650m 7:36.88	700m 8:13.23
	35.85	35.88	35.95	35.96	35.57	36.35
	850m 10:01.20	900m 10:37.04	950m 11:13.63	1000m 11:50.02	1050m 12:25.77	1100m 13:01.66
	36.07	35.84	36.59	36.39	35.75	35.89
	1250m 14:50.83	1300m 15:26.93	1350m 16:02.49	1400m 16:39.31	1450m 17:14.65	1500m 17:48.50
	36.31	36.10	35.56	36.82	35.34	33.85
8.	Luke KAVANAGH	16	Wirral Metro	17:50.28	+ 0.84	539
	50m 31.49	100m 1:05.90	150m 1:41.10	200m 2:16.29	250m 2:52.15	300m 3:27.79
	31.49	34.41	35.20	35.19	35.86	35.64
	450m 5:14.81	500m 5:50.60	550m 6:26.28	600m 7:02.18	650m 7:38.01	700m 8:13.96
	35.58	35.79	35.68	35.90	35.83	35.95
	850m 10:02.70	900m 10:39.14	950m 11:14.95	1000m 11:51.14	1050m 12:27.32	1100m 13:03.65
	36.06	36.44	35.81	36.19	36.18	36.33
	1250m 14:51.69	1300m 15:27.68	1350m 16:03.84	1400m 16:39.88	1450m 17:15.67	1500m 17:50.28
	35.92	35.99	36.16	36.04	35.79	34.61
9.	Matthew JAMES	16	Co Leeds	18:17.33	+ 0.69	500
	50m 30.71	100m 1:05.00	150m 1:40.03	200m 2:15.58	250m 2:51.45	300m 3:27.66
	30.71	34.29	35.03	35.55	35.87	36.21
	450m 5:16.38	500m 5:52.65	550m 6:28.34	600m 7:04.75	650m 7:41.39	700m 8:18.06
	36.17	36.27	35.69	36.41	36.64	36.67
	850m 10:10.23	900m 10:47.89	950m 11:25.73	1000m 12:03.64	1050m 12:41.43	1100m 13:18.59
	37.69	37.66	37.84	37.91	37.79	37.16
	1250m 15:12.08	1300m 15:50.04	1350m 16:28.00	1400m 17:05.19	1450m 17:40.77	1500m 18:17.33
	37.74	37.96	37.96	37.19	35.58	36.56
10.	Charlie HINSON	16	Co Leeds	18:31.55	+ 0.69	481
	50m 30.42	100m 1:04.12	150m 1:38.87	200m 2:14.21	250m 2:50.08	300m 3:26.37
	30.42	33.70	34.75	35.34	35.87	36.29
	450m 5:16.63	500m 5:53.57	550m 6:30.68	600m 7:08.07	650m 7:45.65	700m 8:23.56
	37.18	36.94	37.11	37.39	37.58	37.91
	850m 10:17.72	900m 10:56.40	950m 11:34.44	1000m 12:12.69	1050m 12:51.77	1100m 13:30.24
	38.18	38.68	38.04	38.25	39.08	38.47
	1250m 15:22.81	1300m 16:00.75	1350m 16:39.08	1400m 17:17.34	1450m 17:54.93	1500m 18:31.55



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11. Matthew MENZER	37.73	37.94	38.33	38.26	37.59	36.62			
	17	Co Wakefield	19:19.57	+ 0.71	423				
50m	32.13	100m 1:08.86	150m 1:46.51	200m 2:24.24	250m 3:02.09	300m 3:40.86	350m 4:19.44	400m 4:57.73	
	32.13	36.73	37.65	37.73	37.85	38.77	38.58	38.29	
450m	5:36.24	500m 6:15.32	550m 6:53.83	600m 7:32.82	650m 8:11.76	700m 8:50.90	750m 9:29.94	800m 10:09.19	
	38.51	39.08	38.51	38.99	38.94	39.14	39.04	39.25	
850m	10:48.72	900m 11:28.09	950m 12:06.81	1000m 12:46.57	1050m 13:25.73	1100m 14:05.02	1150m 14:44.00	1200m 15:23.93	
	39.53	39.37	38.72	39.76	39.16	39.29	38.98	39.93	
1250m	16:03.50	1300m 16:43.29	1350m 17:22.66	1400m 18:02.77	1450m 18:41.93	1500m 19:19.57			
	39.57	39.79	39.37	40.11	39.16	37.64			
